



# 2022

## AUCKLAND CHAMPION OF CHAMPIONS (50m) INVITATIONAL

West Wave Aquatic Centre  
Thursday 01<sup>st</sup> December – Sunday 04<sup>th</sup> December 2022

### MEET PROGRAMME

Thursday 01st December 2022	
SESSION 1	
Warm-Up 5.00pm – 5.45pm Start 6.00pm	
Event	
1	50 Free
2	50 Fly
3	400 IM

Friday 02nd December 2022	
SESSION 2	
Warm-Up 5.00pm – 5.45pm Start 6.00pm	
Event	
4	50 Back
5	50 Breast
6	1500 Free (slowest 3 heats)

Saturday 03rd December 2022	
SESSION 3	
Warm-Up 8.00am – 8.45am Start 9.00am	
Event	
7	100 Free
8	200 Breast
9	200 Fly
10	800 Free (3 slowest heats)

Saturday 03rd December 2022	
SESSION 4	
Warm-Up 12.30pm – 1.15pm Start 2.00pm	
Event	
11	100 Back
12	400 Free

<b>Saturday 03rd December 2022</b>	
SESSION 5	
Warm-Up 4.00pm – 4.45pm Start 5.00pm	
<i>Event</i>	
13	11/U Diddy Medley Relay
14a	Skins Finals
15	11/U Diddy Fr Relay
14b	Skins Finals
16	11/U Diddy Br Relay
10F	800 Free Fastest Heat
17	11/U Diddy Fly Relay

<b>Sunday 04th December 2022</b>	
SESSION 6	
Warm-Up 9.00am – 9.45am Start 10.00am	
<i>Event</i>	
18	200 Back
19	100 Fly
20	200 IM

<b>Sunday 04th December 2022</b>	
SESSION 7	
Warm-Up 2.00pm – 2.45pm Start 3.00pm	
<i>Event</i>	
6F	1500 Free Fastest Heat
21	100 Breast
22	200 Free



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### Distance Prize

Awarded to the athletes (male and female) who accumulate the highest aggregate FINA points during the meet from the 1500m and 800m Free (must swim both)

### Middle Distance Prize

Awarded to the athletes (male and female) in each eligible age group, who accumulate the highest aggregate FINA points during the meet from **three** swims across the 400m Free, 2 other 200m stroke events (excluding IM)

### IM Prize

Awarded to the athletes (male and female) in each eligible age group, who accumulate the highest aggregate FINA points during the meet from the 200m and 400m IM (must swim both)

### Sprint Prize

Awarded to the athletes (male and female) in each eligible age group, who accumulate the highest aggregate FINA points during the meet. This must include two different 50m sprint events **plus** two different 100m events, making a total of **FOUR** accumulated FINA point allocations.

### Champion of Champions Prize

Awarded to the athlete (male and female) in each eligible age group, who gains the most FINA points across 4 Events. These must include a 50m /100m Stroke event, a 200m Stroke event, an IM event (200m or 400m) and a distance Free event (400m, 800m or 1500m)

# QUALIFYING TIMES

MALE	10/U	11/12	13/14	15/16	17/O
50 Free	39.50	35.50	32.00	30.50	29.50
100 Free	1:27.00	1:18.50	1:10.50	1:06.00	1:04.00
200 Free	3:08.00	2:52.00	2:33.00	2:26.00	2:23.00
400 Free		5:35.00	5:20.00	5:06.00	5:00.00
800 Free			11:07.50	10:20.00	10:12.00
1500 Free			20:30.00	19:45.00	19:40.00
50 Back	45.00	42.00	38.00	36.00	35.00
100 Back	1:41.00	1:31.00	1:22.00	1:18.00	1:16.00
200 Back	3:25.00	3:10.00	2:54.00	2:46.00	2:42.00
50 Breast	52.50	49.00	43.00	40.00	39.00
100 Breast	1:53.50	1:44.00	1:32.00	1:27.00	1:25.00
200 Breast	3:59.50	3:40.00	3:16.00	3:06.00	3:02.00
50 Fly	48.00	40.50	37.00	34.00	32.00
100 Fly	1:55.00	1:40.00	1:24.00	1:19.00	1:16.00
200 Fly		3:49.00	3:08.00	3:00.00	2:54.00
200 IM	3:29.00	3:15.00	2:56.00	2:48.00	2:44.00
400 IM		6:25.00	6:16.00	6:00.00	5:50.00

FEMALE	10/U	11/12	13/14	15/16	17/O
50 Free	39.50	35.50	33.00	32.00	31.50
100 Free	1:27.00	1:18.50	1:12.00	1:10.00	1:09.00
200 Free	3:08.00	2:52.00	2:39.00	2:35.00	2:30.00
400 Free		5:35.00	5:26.00	5:16.00	5:10.00
800 Free			11:07.50	10:40.00	10:35.00
1500 Free			22:50.00	22:00.00	21:55.00
50 Back	45.00	42.00	39.00	38.00	37.50
100 Back	1:41.00	1:31.00	1:23.00	1:21.00	1:19.00
200 Back	3:25.00	3:10.00	2:58.50	2:54.00	2:50.00
50 Breast	52.50	49.00	44.50	43.00	42.00
100 Breast	1:54.50	1:44.00	1:34.50	1:32.50	1:30.00
200 Breast	3:59.50	3:40.00	3:21.00	3:17.00	3:12.00
50 Fly	48.00	40.50	37.00	36.00	35.50
100 Fly	1:55.00	1:40.00	1:24.50	1:20.50	1:18.50
200 Fly		3:49.00	3:12.00	3:04.00	2:58.00
200 IM	3:39.00	3:15.00	2:54.00	2:50.00	2:48.00
400 IM		6:25.00	6:16.00	6:04.00	5:58.00



## MEET CONDITIONS & INFORMATION

Swimming Auckland Championships are conducted under SNZ and ASA Regulations with the following conditions and criteria.

- Eligibility:** Entries are open to all registered competitive swimmers who have achieved the qualifying time.
- Qualifying Period:** There is no qualifying period for the 2022 Champion of Champions Invitational
- Individual Entries:** Converted entry times will be accepted. Except as otherwise noted heats will be circle seeded as per FINA rules. Timed finals will be seeded slowest to fastest.  
Entries may be restricted to ensure the smooth running of the event.  
Except for athletes with a current Para classification, NO TIME (NT) will not be accepted
- Closing Date:** Closing date **Monday 21<sup>st</sup> November 2022** at 11.59 pm
- LATE ENTRIES WILL ONLY BE ACCEPTED IN ACCORDANCE WITH ASA RULE R8.6.2. The fee for a late entry shall be \$50 per entry. No late entries will be accepted in the Control Room without payment of the correct fee and are subject to approval by the Technical Director.
- Age:** Age as at 01<sup>st</sup> December 2022.
- Age Groups:** 10/u, 11/12, 13/14, 15/16, 17/O for 50, 100 & 200m events  
12/u, 13/14, 15/16, 17/O for 400m Free & IM  
800 & 1500 Free Top 32 only
- Entries:** To be entered directly into the SNZ Database
- Entry Fees:** Individual Entries:  
**\$15.00 incl. GST**
- Diddy Relay Entries:  
**\$25 incl. GST per Team**
- Payment to be made via credit/debit card at time of entry.**
- Payment by clubs:  
**Direct Credit**  
Account number 12-3011-0757520-00  
Ref: ASA Opens                      Code: Please use club abbreviation e.g. AKLME
- Withdrawals:** **NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed.  
All withdrawals for Session 1 are to be received at [aucklandswimming@gmail.com](mailto:aucklandswimming@gmail.com) by noon Tuesday 08<sup>th</sup> December 2022. Withdrawals for Sessions 2, 3, 5 and 7 must be into the AOD control room no more than 15 minutes after the end of the preceding session or emailed to [aucklandswimming@gmail.com](mailto:aucklandswimming@gmail.com). The same time frame applies to all email withdrawals.
- Skins:** **3 skins finals: 12/U, 13-15, 16/O**  
**Fastest 8 from 4x50 individual events – swimmers must race all 50m individual events to qualify for the skins.**  
**Race all 4 strokes in 4 rounds in random order**  
**2 swimmers per round removed i.e. 8-6-4-2**  
**1 prize for each round winner**
- 12/U Events:** **Please note that the ASA Tech Suit restriction applies to these events.**
- 11/U Diddy relays:** These teams **must contain the same team members for all 4 relays. Team members cannot be part of the Skins event. Prize for the male and female team with the fastest aggregate time across all 4 Relays.**
- Penalties:**  
**R7.10.2**
- A Penalty Fee of \$25 per event will be charged for late or non-withdrawals from Timed Finals regardless of circumstance (including medical)



**A medical certificate MUST be received by ASA Office within 24hrs of the Meet conclusion in order for a Penalty waiver to be considered on Medical grounds.**

**Protests:** Protest fee = \$100. Payable upon submission of correctly completed protest form.

**Warm-up Supervision:** It is an ASA requirement that all swimmers are supervised during warm-up by an NZSCAT accredited coach. This is to ensure the Health and Safety of all swimmers during what can be a chaotic time. If your coach is not attending the meet then you need to arrange a coach from another club to supervise your swimmers during warm-up. Parents / Team managers are not permitted to supervise swimmers during warm-up.

**Starts:** Timed Final events will be swum as 'Over the Top' starts and the FINA One Start Rule (SW 4.4) will apply. The water will be cleared between skins races and the FINA One Start Rule (SW 4.4) will apply.

**Pool Deck** All swimmers must display an ASA accreditation card.  
**All Team Managers** must be on the SNZ Database and Police vetted.  
Officials must wear their ASA Officials shirt or an ASA accreditation card and be police vetted.  
Coaches must display their NZSCAT accreditation.  
No access to the poolside area will be permitted without valid accreditation.

**Athletes with a Disability:** The ASA has a "mainstreaming" policy relating to athletes with a disability. Athletes who hold a Para Classification are eligible to participate in this programme and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athlete with a disability (or their Team Manager) to inform the Referee before they swim of their Para Classification and to supply the Referee with their Para Classification Card. The Referee will use their best efforts to judge the swim under the applicable IPC Rules.

**Member Protection Policy:** SNZ operates a Member Protection Policy.

All participants in this meet agree to be bound by the conditions of this policy as a condition of entry

**All participants must agree to comply with the Sports Anti-Doping Rules**

In entering this Championship, participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers, to be used for any legitimate purpose by Swimming Auckland, their sponsors or others.

**Photography:** Spectators wishing to use long-lensed cameras must register with ASA 3 days prior to the meet commencing. Please send requests to [aucklandswimming@gmail.com](mailto:aucklandswimming@gmail.com)